

Preparing for your session

You simply need to arrive as yourself. Alicia will guide you through the rest.

YOUR SESSION, ONE STEP AT A TIME

01 1-2 WEEKS BEFORE

- Plan your wardrobe.
- Try on every outfit.
- Avoid dramatic beauty changes.
- Remember: this is a celebration.

02 2-3 DAYS BEFORE

- Hydrate and moisturize.
- Prepare shoes and accessories.
- Remove tags and stickers.
- Allow waxing irritation to settle.

03 THE NIGHT BEFORE

- Get a good night's sleep.
- Pack your wardrobe.
- Avoid tight clothing.
- Don't worry about posing.

04 SESSION DAY

- Eat before arriving.
- Wear loose clothing.
- Avoid garments that leave skin lines.
- Come ready to enjoy yourself.

Pack what feels like you.

Fit matters more than size. Your session does not have to look like anyone else's.

A SIMPLE CHECKLIST

- ☐ Your selected outfits, tried on and ready to wear
- ☐ Shoes and accessories that work with your looks
- ☐ Jewelry or a meaningful personal item
- ☐ Loose, comfortable clothing for arriving and leaving

Wardrobe inspiration

Lingerie

Bodysuits, bra and panty sets, corsets and bustiers, garters and stockings, robes and sheer pieces.

Beyond lingerie

An oversized white shirt, sweater or blazer, jeans or a leather jacket, sports jersey, bedsheet or meaningful item.

You do not need to know how to pose.

Expect direction, encouragement, and room to be yourself. If something feels uncomfortable, tell Alicia. Your boundaries matter throughout the session.

You do not have to change your body to deserve beautiful photographs. Come as you are.

Questions before your session?

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